



Dear Friends,

We have more news of the two crises, that are hitting Sub-Saharan Africa particularly hard: many are dying of covid, and many of hunger resulting from the severe lockdown which prevents people from finding casual work.

As always, our partners are working tirelessly to serve their communities in these difficult times.

Eric Kihuluka and his “Mikwano” team in Kaliro District in Uganda prepared a tea and tincture based on *Artemisia annua*, turmeric and *Warburgia ugandensis* and took it to 15 homes where people were sick with Covid. All the sick people recovered. The word spread like wildfire, and Eric was besieged by people asking for the medicine. The Muslim community celebrated Eid and invited Eric to join the celebratory meal in appreciation of his work.

Even the national newspaper reported Eric’s own experience with the disease and how he treated himself. The government sent a bus load of MPs to visit Kaliro. They recommended that samples be taken to the government chemist, the Natural Chemotherapeutic Research Institute and National Drug Authority, for approval, after which production



Eric distributing his Covid medicine



Makono Tonic Solution, well packaged and labelled.

may be increased and the medicine widely

distributed. As I write, Eric is in Kampala doing exactly that, and designing and printing labels.

Over a year ago in Zimbabwe, Joachem Nyamande made a presentation to senior officials in the capital city about the “Makono Tonic Solution”, a tincture based on *Artemisia annua*, the “resurrection plant” and other local herbs, with which he had had considerable success – in fact all his patients recovered.

In June, a successful test for phytochemicals present in the Makomo tonic was conducted. It must now be registered with the Medicines Control Authority of Zimbabwe (MCAZ). This is the

last hurdle before it can be produced on a larger scale and distributed throughout the country.

Finally, good news from Winnenden! The town council have set up a partnership with us in which the town compensates for some of its carbon footprint. They will give Discover 15,000 Euro per year for 5 years to plant trees in Uganda and Zimbabwe. I thank the town for their confidence in Discover. Given that the industrialised north is largely responsible for carbon emissions and therefore the climate catastrophe, I see this as a very just move to help compensate our friends in Africa for the terrible consequences of these emissions, which of course continue every day.

As always, many thanks for your continuing moral and financial support.

Keith Lindsey