

## Appeal summer 2020 – Food security in Uganda



The climate crisis and now the COVID-19 crisis have demonstrated very clearly the need for food security. Many families, particularly those where children are cared for by aging grandparents, have suffered terribly.

Increasing food security has become priority for Discover.



Rehema (centre) teaching a group of women in early March this year whose families were all suffering bad coughs. After the training, the coughing ceased!

For several years, in the name of Discover, Rehema Namyalo and her colleagues have been conducting training seminars in many parts of Uganda in organic agriculture and many aspects of herbal medicine. She has received training and has vast experience in these two fields. She is also an excellent trainer. Those who have been trained by and have put the learning into practice have coped well in the present crisis.

Meanwhile, in the last few years, Rehema has had to cope with many personal challenges. After her husband started

gambling and sleeping with other women, Rehema separated from him. In the Moslem culture, a woman does not divorce her husband! Consequently, she and her family suffered endless persecution from her former husband and his new wives.

Now at last Rehema has a new piece of land on which she has already established an impressive demonstration garden with many vegetables, herbs, fruit trees and indigenous agroforestry trees. We have committed ourselves to helping her to make the first step – to build her own home on this site. Thereafter she will slowly realise her dream – she will develop the site further to include a herbal clinic and training centre.

Our target is 7000 Euro of which we still require 3300 Euro – so we are already halfway there!!!



Rehema in her new production and demonstration garden