

# Discover News-sheet

## November 2019



Dear Friends

A big thank you to all who have recently donated:

- To our tree planting programme
- To enable Rehema Namyalo to buy land to start a new life
- To enable Discover to continue to support many partners

The conference of 30 partners from many parts of Uganda was very lively. Participants learnt from each other about natural medicine products and marketing, about responses to typhoid and ebola, savings groups, organic gardening, the challenges of deforestation and the tree planting programme on Mount Elgon, and good seminar design. A trip out to the local beauty spot of the Sipi Falls delighted the entire group. A daily input on physiology (thanks to video recordings from



Judith Bakirya who founded Busaino Fruits and herbs displays some of here products at the conference



Our lunch – food from the Farmer Field School - pumpkin, sweet potatoes, rice, matooke (plantain), chicken, red cabbage, tomatoes. The school makes some income from the piggery – pigs fetch a good price.

Pamela Spence in Scotland) always led to the sharing of many experiences regarding natural treatments for the health complaints described.

Following the conference Eric Kihuluka took me around the Farmer Field School that he and his colleagues have developed, incredibly in less than a year. It is already a remarkable training centre for

organic farming, animal care and animal

feed production. With Eric, I also visited several schools that have established gardens and initiated the provision of school dinners. Pupils are proud of their gardens and thoroughly enjoy imaginative programmes of music, dance and drama. These enable them to



Excited children show some of the vegetables from their school garden

think about serious societal issues, such as the school drop-out rates and teenage pregnancies.

Rehema's new garden is enabling her to start a new life, independent of her former husband who had become very aggressive. She is working towards making the garden a training resource for the wider community and has bold dreams for future development. Next week she will make monitoring visits to see what progress the participants of this year's two intensive training seminars have made.

Meanwhile the tree planting programme has made a good start. Thanks to your donations, trees are already being planted in Kasese and



Rehema standing by her new land. She removed the bushes and cultivated it with a hoe. Now she has planted bananas, many medicinal plants and vegetables.



Gideon Baluku, aged 46 years, a farmer and member of Bumbura Maliba planting a mango tree.

Kaliro. Similarly, we hope to be able to support our colleague in Zimbabwe. Please continue to encourage people to compensate for their carbon footprint by making donations which will enable Discover partners to plant indigenous trees and fruit trees. For more information, see my July newsletter or the appeal on our homepage:

<https://tinyurl.com/rjysq2f>.

(As a small encouragement let me tell you that one Discover supporter worked out his family carbon footprint and made a standing order of £15 per month to our tree planting project. Our aim is £10,000 in one year.)

With my best wishes

Keith Lindsey