

Dear Keith, Discover Germany,

This is a brief summarized report from Bwambale Vincent Aged 14, male a Primary seven student at St John's Primary School Maliba. I have other responsibilities as a secretary to the newly formed club called Discover St John's Maliba Primary school, school Health Prefect. Briefly summarizing the good things, I have gained through joining Discover Club since 2018 the time I was introduced to it by Robert Bwambale a man of Bumbura Maliba Organization Maliba Community, Kasese District.

Bumbura Maliba Organization (Discover) is an Organization operating from Maliba sub county Communities, started a program of providing knowledge, skills and other teachings in general to farmers and it was introduced to our school in 2018. We welcomed it as students and teachers looking at their development ideas and then formed a club where I am the secretary of this Club called Discover St John's Primary school Maliba, comprised of female and male teachers and pupils.

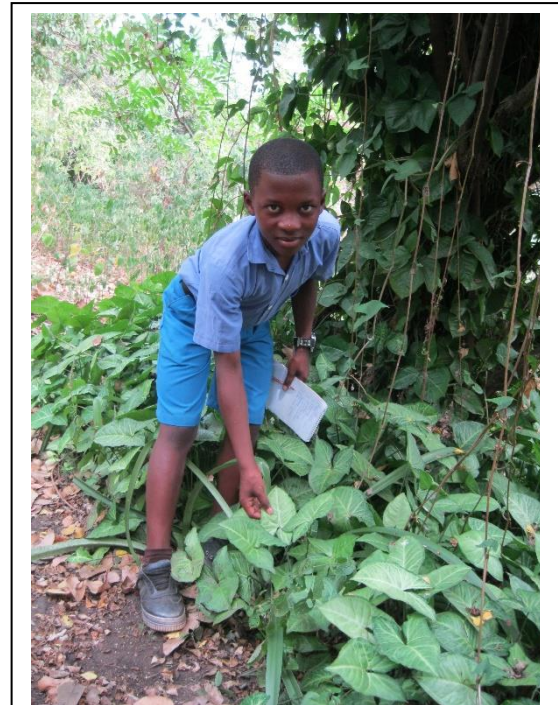
The main focus of this organization is to provide natural medicine skills and knowledge leading to improving human health, mostly in communities that are underdeveloped and suffer poverty, and to understand the importance of utilizing our locally available resources altogether. It is a responsibility of everyone.

This program has helped us students to learn more about natural medicine, understand how to use natural medicine, the properties medicinal plants have, how to plant them, harvest them and make medicines. This helped me to improve my knowledge about biology in class.

Dear Keith, given a chance to write to you, many things have been achieved in the little time so far of being a member of this organization and they include:

1. Trainings in different areas of natural medicine and organic farming
2. Field Study Tours, to Tooro Botanical Garden and to a model farm in Maliba, that of Mr. Alex.
3. Planting of Trees for both fruits and medicinal plants
4. Conducting seminars on nutrition, sanitation and hygiene in schools organized by Bumbura Maliba
5. Providing us with skills of preparing nursery beds and natural fertilizers.

Through the above, I am able to help myself and family members at home and my fellow students at school with proper ways of controlling simple illnesses and treating wounds without going to buy drugs from hospitals. Community sensitization about hazardous materials that spoil our soil fertilities like plastic materials, i.e. polyethene materials, Buvera, which must be removed from the soil. Planting of medicinal trees and fruit trees around home that can still provide shade and fruits to eat as food or medicine, for example avocado. Drinking clean



Bwambale Vincent in Bio gardens, Kirembe, looking at different types of medicinal Plants.

boiled water is being emphasized at our school in homes and what we are doing is to treat water before using it for drinking because boiling it is too expensive at school this has been as a result of Bumbura Maliba trainings that we should go and tell our people the importance of drinking clean treated or boiled water in reducing many related diseases, hand washing before and after eating is one way of controlling infection.

I have made friends with other schools from the exchange trainings attended.

I have learnt how to keep fish ponds, making liquid soap, savings knowledge that will help me after school and when I start working.

Without forgetting during the Trainings conducted with Bumbura and the study tours, we are introduced to good food meals that make our bodies healthy.

I recommend that such trainings and visits be a continuous program to build our capacity as young pupils, explore more opportunities by bringing here young pupils also to be our friends or sending you our names to connect us to other pupils in their schools as friends in Germany.

Thank you.

Compiled by: Bwambale Vincent, St John's Primary School, Maliba.

Dated: March 20, 2019



A photo with fellow pupils from other schools together for a training.