Discover News-sheet March 2019

Dear Friends,

News this time of some very encouraging developments as well as some new challenges:

From 25th to 31st March this year, Rehema Namyalo, Andrew Kyambadde and Evelyn Nakamatte will be leading a comprehensive training seminar in organic gardening, natural healthcare, nutrition, simple technologies (e.g. solar driers, fuel efficient stoves) and income generating projects. For more information, see <u>https://tinyurl.com/y23wjvk6</u>.

The seminar will take place on Andrew's farm, which he and his family established only 3 years ago. It is in Mityana District, Uganda. After a lot of hard work, it is already running so successfully that neighbouring farmers have looked on with admiration. It is in response to their request that this training has been organized. Thirty-six local farmers will attend, and we look forward to seeing a great improvement in this region of food security, self-reliance, health and the general standard of living.

Andrew Kyambadde showing cocoayams on his very productive farm

There are still places left for sponsored participants from elsewhere. If you have contact with a project in Uganda, you may wish to think about sponsoring one or two of its members to attend. They will certainly learn a lot! The price is still £225 or equivalent. The next similar seminar will probably be held in August.

In Kaliro District, eastern Uganda, Eric Kihuluka and his team have established a



Eric Kihuluka demonstrates silage production in training for local farmers.

demonstration garden with two paid part-time gardeners and a teaching room. They have already attracted many visitors and held training for local farmers in pig farming. They continue to work with the 220 schools in the district where they teach nutrition and hygiene, establish school gardens and encourage the schools to provide school lunches. They are now running a pilot project on reusable sanitary pads with the aim that teenage girls must no longer miss school for one week in every month.



Our partner Kenja Thomas in the west of Uganda has just informed us of a recent crisis. Chinese investors have bought the local lakes where local people have always caught fish. Fishing is now controlled by soldiers who are not slow to use their weapons. Fish has always been their main source of protein and now their children do not have enough to eat. Kenja Thomas is asking us for support to help with organizing a training course starting with 17 families. This would be about breeding fish and fish tank construction and will be our next important project.

Thank you for your continued interest and support,

Keith Lindsey