

Discover News-sheet

July 2018



Dear Friends

Visit to Uganda

I will be visiting Uganda in the autumn from 25 October to 17 November. Since my last visit three years ago, our partners have been extremely active, so I am feeling very excited about



Rehema Namyalo in her herbal garden. Rehema has years of experience as an organic farmer, medical herbalist and trainer. Her next training seminar will be in Bundibugyo in October

seeing the progress they and their communities have made. Of particular interest will be my visits to the villages which, thanks to your generous support, are now enjoying the benefits of rainwater collection tanks. We have supported many training seminars and a lot of work has been done in schools. I intend to visit 19 different groups and expect to sleep in 16 different beds! I will have the luxury of a car and competent driver; without these many of the visits would be impossible in

such a short time. I will be accompanied on the entire trip by Rehema Namyalo. It will give her the opportunity to find out about other projects and she will be able to offer advice where appropriate. Most of all, she will be an enormous help to me afterwards in coordinating and further developing our work in Uganda.

If you could help financially towards this trip, I would be very grateful. Transport to and within Uganda is a major expense. It is also very helpful to have some money in my back pocket so that I can give immediate support to good initiatives when I am there. I am so often impressed by how a small amount of money at the right time for the right project can bring very significant benefits.



Florence Wanyana and Nansikombi Gertrude have a sub group in Kaboyo making products like cough mixtures, rheumatism ointment, skin care soap and many other herbal products.

Rehema Namyalo and follow-up visits



Sempiira Justine is an elderly lady who looks after 12 children. She has bananas, cows, goats and chickens, grows beans and groundnuts and makes bricks

Last November Rehema and her two colleagues conducted an intensive 7-day training seminar in the village of Kaboyo. There were 19 people from Kaboyo and 7 from elsewhere in Uganda in the group. Last week Rehema spent four days visiting the homes of all 19 local participants. She was delighted by what she saw, and I was overwhelmed by what she reported!

Rehema wrote to me, “The Koboyo group really is wonderful! They are all motivated, they have individual activities at their homes as well as group activities. They teach and help each other, and they are establishing group demonstration gardens. And they have a good network and good working relationships!”

And, “There is no hunger at all with the Kaboyo members I have visited, and very limited poverty, the majority have got land and with the skills they got in the training they have put their land to good use! The

poor people are those renting in the town with no land!”

On a different note, a reminder that we are still looking for a laptop in good working order for our partner group ‘Fweny’ in South Nyanza, Kenya’. Please let me know if you can help with this.

Thank you again for all your support

With my best wishes.

Keith Lindsey

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