

**Discover News-sheet  
for colleagues in Africa  
October 2016  
Training follow-up II**



Dear Friends,

In August I circulated the check-list that BioGardens in Kasese, Uganda, use when they visit the members of their training seminars and groups. They look at what they put into practice and see what further support is required. I attach it again.

I received several interesting comments from readers of the newsletter:

- *"I congratulate them for the very good work they are doing of combating poverty in households. I think the whole family should be trained to join their parents to do the work so that the children develop their skills and love for the plants."*
- *"I agree!"*
- *"I feel the guys in Kasese are doing great. This is close to what I can call discipleship in the Bible. Spending more time with your students to let them learn more from you and at the same time you observe what they are practising. Often Malawians accuse me of running seminars minus follow-ups. They equate it to having a baby crawl and not helping with walking. I feel in following up there are many things that leaders learn from their participants."*
- *"Good points. I would also add that there should be an accessible neem tree in the neighbourhood, for its leaves, fruits etc. and as a natural insect/pesticide."*
- *"The village group should provide immediate financial support for transport to hospitals in case of complications during deliveries or set up an emergency transport-system. 6000 women and 45,000 babies die every year in Uganda because of complications during delivery!"*

Emmanuel Masereka in Kasese has now himself added a few extra items:

1. Check for evidence of domestic violence.
2. Family planning and health status: Have husband and wife agreed on a safe and reliable form of family planning, and is the health status of each family member known?
3. Environment and conservation: What is being done to prevent the loss of soil and water, e.g. is there ground cover to protect the soil, have trees been planted?

Please let me know if you would like me to send you their very good full assessment form.

## Another topic - Mushrooms

Earlier this year Discover supported the Kasese Network to have training in growing mushrooms. This seems to have been very successful.

Robert Bwambale of Bumbura Maliba writes: *“In my family of 8 people we eat mushrooms grown inside our house every 3 or 4 days. It does not require a lot, just water and someone to harvest. It is a delicious and nutritious. The money we had been using for buying meat/fish has been used for other things, like buying books for our schoolchildren. If you want to know more, give me a call: 00256 776 838 292”*.

Many blessings,

Keith

