

Discover News-sheet for colleagues in Africa April 2016 Making Peace II



Dear Friends

The CHIPS work of peace-making

Please read this article. In your work with natural medicine you really can make a significant contribution to reducing tension and solving conflicts in your communities.

Without dialogue, there is no solution!

I listened to a moving lecture on this subject. It was about international conflicts. I thought, this is true for me too. As a result, I am delighted to report that I have had a very constructive conversation with Hans-Martin Hirt, the Coordinator of anamed. We now look forward to cooperation between anamed and Discover.

Discover Annual Report

If you want to see the extent of the work of Discover over the past year, read our Annual Report. See on the Discover web-site: <http://discover-src.net/onewebmedia/2016-03-22%20Annual%20Report%202015%20en.pdf>

Discover Starter Pack

I have produced this for people who attend a first seminar, and also for people who have a keen interest but are unable to attend training. Please take a look at it. I hope to have it printed soon in Uganda. Let me know if you would like to receive copies. See <http://discover-src.net/onewebmedia/Info/Discover%20Starter-pack-mod3.pdf>

Posters to warn against the danger of skin-lightening soaps and creams

We produced this poster a few years ago when I was still with anamed. The problems caused by skin lightening soaps and creams are serious, so I would encourage you to teach all your groups about their health risks. The worst of them



are soaps that contain mercury. Mercury penetrates the skin, and can affect the internal organs, including the brain and unborn babies.

These posters are available from the Marianum Press in Kisubi, Uganda, and can be collected in Kampala. anamed kindly makes them available free of charge. If you would like to collect some, simply write to Christopher Nyakuni with the number you require, and he will order them on your behalf.

The Ugandan government has now taken significant steps to outlaw the sale and use of soaps containing mercury and other dangerous chemicals. Very encouraging – if it is policed!

Grassroots Africa – a resource for farmers

Do you have a problem on your farm? Open an account with “Grassroots Africa”, www.grassrootsafrica.org, and put your question. There are experts scattered around Africa who may be able to provide helpful advice.

You may also register to make yourself available to answer questions others may have. I encourage you to register and to explore the site. You can read for example about the benefits of drying tomatoes or the problems and benefits of eucalyptus.

Are you on Facebook?

Yes? Then please regularly check our page: <https://www.facebook.com/discover.src/>. Your comments and contributions will help to make this a lively forum for exchanging ideas and experiences.

Many blessings,

Keith Lindsey

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