

Permaculture in Malawi



Matthews Mpfu works in an urban area and trains people and communities in permaculture. He buys and markets their products.

The garden that uses “vertical space” has a herb spiral. A vertical space could also be a sack garden.



The front garden

Nutritious Food at the table

The back yard garden



2013 small selling point

Shop for the processed herbs

Nursery for seeds and seedlings

Matthews registered Perm-A-Outreach as a facilitating organization in January 2014. It provides training, facilitation and consultancy services to interested organizations and like-minded communities.



These are local indigenous air potatoes



The youth enjoys harvesting *Hibiscus sabdariffa*

We promote the urban food production programme as a means of reducing hunger



Before the training



Applying compost



Three months later

We share experiences, skills and ideas with various communities.

We teach people to value what they grow and eat





We also teach prisoners



Attending the 2015 Malawi International trade fair



Many visitors saw our products and services displayed at the trade fair

Now, I am also sharing our experiences and expertise as a part- time lecturer at the Share Open University.
The course I teach is Permaculture Design and Entrepreneurship.

Challenges from our experiences



Pests attack our plants



River flooding during rains



How to increase production

Matthews Shaba Mpofo

“Be faithful and do justice to our Mother Earth and we will enjoy good health naturally”

Matthews calls his project Perm-A-culture. With the “A” he acknowledges anamed as being the source of much of his knowledge.