Ideas for income generation

➤ Growing and selling green leafy vegetables such as African nightshade or amaranth

➤ Producing amaranth porridge with millet or maize

The concept of "added value".

I will illustrate this with an example. You can grow ground nuts and sell them. Or, you ground the nuts and make "Peanut butter", put this into a jar and make an attractive label. Then you can charge a higher price.

➤ Establishing gardens for others

➤ Producing natural pesticides, for example from neem leaves, garlic and / or chillies

➤ Producing bar soap for washing hands and body and liquid soap for pots and clothes

➤ Producing medicinal soap with moringa or neem

➤ Production and sale of natural medicines, e.g. ointments or black stones

➤ Production of dried herbs for use as tea, e.g. lemon grass, roselle, *Euphorbia hirta*

➤ Production of moringa leaf powder

➤ Producing essential oils from lemon grass or rosemary

➤ Producing dried fruit, e.g. mangoes, pawpaw, jack fruit etc., in a solar dryer

➤ Making jam from mangoes or jack fruits

➤ Making peanut butter

➤ Making bread or cakes in a solar oven

➤ Production and sale of seedlings, e.g. moringa, aloe, pawpaw, neem, roselle

Soap made with moringa, lemon grass oil and shea butter by a group in Cape Coast, Ghana. It must be very good for the skin! Note the attractive label.

➤ Oil making, e.g. from neem seeds, sunflower seeds, moringa seeds, ideally using an oil press

➤ Briquette making, e.g. from wood, sawdust or crop waste

➤ Giving massage, using your own medicinal oils

➤ Digging and constructing toilets

➤ Fish farming

➤ Constructing and selling solar driers or solar ovens

➤ Constructing charcoal fridges

➤ Constructing water filters

➤ Construction of tippy taps

➤ Making candles which also act as insect repellents.

➤ Keeping hens for eggs or for breeding

➤ Making worm compost.

➤ Taking photographs or making short videos.

Mango jam being made by a group in Bimbilla, Ghana. In season mangoes are plentiful, but how does one eat mango at other times of year?